



Hello!

Our Campus Recreation staff would like to welcome you to Colorado College for your upcoming Club Sport competition! Below are details regarding access to our campus and facilities, policies and procedures, and game day details for the day of your arrival. Good luck to your team and safe travels –

### **Important Contacts**

- Chris Starr, Director of Recreation & AFP Fitness Center
  - (O): 719-389-6767 (C): 719-650-2428
- Christina Lorete, Campus Recreation Athletic Trainer
  - (O): 719-389-6891 (C): 757-286-9568
- Campus Safety (Emergency)
  - 719-389-6911
- Campus Safety (Non-Emergency)
  - 719-389-6707

### **Parking & Field Access**

Washburn & Stewart Field Address: 44 W. Cache la Poudre St., Colorado Springs, CO 80903

Street parking on W. Cache la Poudre St. is free after 5pm on weekdays and free on weekends. Free parking can also be found on Mesa Rd. and in the Monument Valley Park Parking Lot located down the hill/west of W. Cache la Poudre St.

To access Washburn Field, enter through the alleyway off W. Cache la Poudre St. by the tennis courts. Washburn Field is located north of the alleyway and is surrounded by the track.

To access Stewart Field, continue walking past Washburn Field. Stewart field is located directly north of Washburn Field.



### **Washburn & Stewart Field Policies**

Washburn and Stewart Field are shared spaces among the Colorado College student body and intercollegiate athletics. The following guidelines must be honored by both home and visiting teams. Failure to observe these guidelines will result in revocation of the privilege to utilize Washburn & Stewart Field:

- Fire of any sort and combustible/flammable materials, i.e. barbeques, campfires, cigarettes, lighters, pipes, cigars, etc. are strictly prohibited on or around the Washburn and Stewart Field.
- Metal spikes are prohibited. Only plastic or ceramic cleats are permitted.
- Motor vehicles are prohibited on the turf. Only an emergency requiring the use of an ambulance is permitted.
- Bicycles are prohibited on the turf.
- No lines are permitted to be painted on the turf. No stakes may be driven into the turf. Only cones, weighted flags and ropes may be introduced to outline the playing field.
- No training apparatuses, i.e. blocking sleds, are to be used without consent of the Colorado College athletic department.
- No dogs or pets of any kind are permitted on the turf.
- No glass bottles are permitted on the turf.
- Alcohol consumption is prohibited by players, officials and spectators while using Colorado College athletic facilities, per *Pathfinder* policy.
- Tobacco usage, to include smokeless tobacco products, is prohibited.
- Sunflower seeds, pistachio nuts, peanuts are not to be consumed while on the field.

### **Athletic Training Services**

The Campus Recreation Athletic Trainer will be present for all Club Sport home competitions and games. Staff will be present at the field one hour prior to start time.

Colorado College Emergency Medical Services (CEEMS) is a student-run medical first response team staffed by licensed Emergency Medical Technicians. CEEMS will be present at all Club Sport home competitions and games.

Taping will be provided for all injuries occurring during the game. Visiting teams should bring their own athletic tape and supplies for any preventative taping requests (ex. Ankle tape, KT tape, wraps, etc.).

Due to the separate location of the Athletic Training Facility and the competition fields, pre-competition treatments are limited. Modalities including moist heat packs, E-STIM, Ultrasound, and other equipment are not available for use prior to the game. If visiting team players require pre-competition treatment, written or electronic notification from the visiting team's Athletic Trainer/healthcare provider should be provided. The notification should include specific details and parameters of treatment. A letter to the Campus Recreation Athletic Trainer can be emailed to [clorete@coloradocollege.edu](mailto:clorete@coloradocollege.edu) no later than 24 hours prior to competition.

Water, water cups, injury ice, and injury bags will be available for all Visiting teams.

### **Return to Play**

All injuries sustained by visiting team players during home Club Sport competitions and games will be evaluated and treated by the Campus Recreation Athletic Trainer. The Campus Recreation Athletic Trainer has the ultimate decision when determining if Club Sport athletes may return to play. If further evaluation or imaging is required, appropriate referral to nearby Urgent Care, Emergency Department, or to the player's primary health care provider will be made.

### **Nearby Urgent Care/Emergency Departments**

Below is a list of nearby Urgent Care and Emergency Departments:

**The Little Clinic (1.8 mi)**

1750 W Uintah St.  
 Colorado Springs, CO 80904  
 719-325-0344

**Optum Urgent Care Center (3.1 mi)**

1633 Medical Center Point  
 Colorado Springs, CO 80907  
 719-636-2999

**Penrose Hospital (1.6 mi)**

2222 N. Nevada Ave.  
 Colorado Springs, CO 80907  
 719-776-5000

**UCHealth Emergency Care - Memorial Hospital Central (2 mi)**

1400 E Boulder St.  
 Colorado Springs, CO 80909  
 719-365-5000

**Inclement Weather**

In the event of inclement weather, competitions may be cancelled with little or no advanced notice.

Environmental assessment of immediate and projected weather information will be evaluated prior to competition or use of outdoor facilities or spaces on Colorado College’s campus.

WeatherBug is the primary reliable weather prediction method to be utilized by Club Sport Captains. Colorado College subscribes to a real-time lightning detection service, WeatherSentry. This application is utilized by the Campus Recreation Athletic Trainer to monitor weather conditions.

Colorado College Campus Recreation abides by the following lightning policy:

<b>DISTANCE OF LIGHTNING</b>	<b>ALERT</b>	<b>ACTION</b>
<b>12 MILES</b>	<b>WATCH</b>	<b>MONITOR STORM AND NOTIFY COACHES, REFS AND PERSONNEL OR APPROACHING WEATHER. PREPARE TO SEEK SAFE SHELTER.</b>
<b>10 MILES</b>	<b>WARNING</b>	<b>DISCONTINUE ALL OUTDOOR ACTIVITIES. ALL PARTICIPANTS AND SPECTATORS SHOULD PROMPTLY SEEK A SAFE SHELTER.</b>

Due to limited access to our indoor facilities to non-Colorado College staff/students, all Visiting team players, coaches, and spectators will be instructed to seek shelter in their personal vehicle or bus in the event of a lightning delay.

The venue must remain free of lightning strikes within the 10-mile radius for 30-minutes before activity can resume. If another strike is detected within the 10-mile radius, the 30-minute wait time will start over.