



Hello!

Our Campus Recreation staff would like to welcome you to Colorado College for your upcoming Club Sport competition! Below are details regarding access to our campus and facilities, policies and procedures, and game day details for the day of your arrival. Good luck to your team and safe travels –

### **Important Contacts**

- Chris Starr, Director of Recreation & AFP Fitness Center
  - (O): 719-389-6767 (C): 719-650-2428
- Christina Lorete, Campus Recreation Athletic Trainer
  - (O): 719-389-6891 (C): 757-286-9568
- Campus Safety (Emergency)
  - 719-389-6911
- Campus Safety (Non-Emergency)
  - 719-389-6707

### **Parking & Arena Access**

Ed Robson Arena Address: 849 N Tejon St., Colorado Springs, CO 80903

Free parking is available in the parking garage attached to the Arena. Enter via Dale St.

Additional parking can also be found along the streets surrounding Ed Robson Arena including Cache la Poudre St., Tejon St., Dale St., and Nevada Ave.

Please observe and abide by all city parking signs and regulations.

### **Visiting Team Lockers**

You will be assigned to a locker room upon arrival. All belongings may be stored in the locker room during competition. Please be courteous and clean-up the locker room area prior to departure.

### **Athletic Training Services**

The Campus Recreation Athletic Trainer will be present for all Club Sport home competitions and games. Staff will be present at the arena one hour prior to the start time.



Colorado College Emergency Medical Services (CCEMS) is a student-run medical first response team staffed by licensed Emergency Medical Technicians. CCEMS will be present at all Club Sport home competitions and games.

Taping will be provided for all injuries occurring during the game. Visiting teams should bring their own athletic tape and supplies for any preventative taping requests (ex. Ankle tape, KT tape, wraps, etc.).

Due to the separate location of the Athletic Training Facility and the competition venue, pre-competition treatments are limited. Modalities including moist heat packs, E-STIM, Ultrasound, and other equipment are not available for use prior to the game. If visiting team players require pre-competition treatment, notification in writing or electronically, from the visiting team's Athletic Trainer/healthcare provider should be provided. Documentation should include specific details and parameters of treatment. A letter to the Campus Recreation Athletic Trainer can be emailed to [clorete@coloradocollege.edu](mailto:clorete@coloradocollege.edu) no later than 24 hours prior to competition.

Water, water cups, injury ice, and injury bags will be available for all Visiting teams.

### **Return to Play**

All injuries sustained by visiting team players during home Club Sport competitions and games will be evaluated and treated by the Campus Recreation Athletic Trainer. The Campus Recreation Athletic Trainer has the ultimate decision when determining if Club Sport athletes may return to play. If further evaluation or imaging is required, appropriate referral to nearby Urgent Care, Emergency Department, or to the player's primary health care provider will be made.

### **Nearby Urgent Care/Emergency Departments**

Below is a list of nearby Urgent Care and Emergency Departments:

#### **The Little Clinic (1.8 mi)**

1750 W Uintah St.  
Colorado Springs, CO 80904  
719-325-0344

#### **Optum Urgent Care Center (3.1 mi)**

1633 Medical Center Point  
Colorado Springs, CO 80907  
719-636-2999

#### **Penrose Hospital (1.6 mi)**

2222 N. Nevada Ave.  
Colorado Springs, CO 80907  
719-776-5000

#### **UCHealth Emergency Care - Memorial Hospital Central (2 mi)**

1400 E Boulder St.  
Colorado Springs, CO 80909  
719-365-5000