

Anti Racist Book Club
Reading Guide/Discussion Questions for
Eating the Landscape: American Indian Stories of Food, Identity, and Resilience
Enrique Salmón, Ph.D.

1. Enrique Salmón begins his book with a personal reflection about his family and how plants and food figured into their identity
 - a. How is your identity shaped by food and plants?
 - b. Are there plants or foods that are strongly connected to who you are?
 - c. How does your relationship to plants and food differ from or coincide with the stories represented in the text?

2. Enrique Salmón introduces us to the Indigenous-based concepts of traditional ecological knowledge (TEK), kincentric ecology, and *iwigara*?
 - a. How do you understand the concept of traditional ecological knowledge (TEK)?
 - b. How do you understand the concept of kincentric ecology?
 - c. How do you understand the concept of *iwigara*?
 - d. How do these concepts differ from or overlap with how you engage with your natural environment?
 - e. How might these conceptualizations of our natural environments inform new or different ways to engage with and care for each other and our natural environments?

3. In *Eating the Landscape*, we are introduced to the stories of several Indigenous communities of the US Southwest and norther Mexico, including the Rarámuri, the Pueblo (Pojoaque), the Hopi, Yaqui (Yoeme), Tohono O'odham, Navajo (Dine), New Mexican/Nuevomexicanos/Chicanos/Hispanos, and Seri among others.
 - a. What stories of these communities resonated with you or surprised you?
 - b. What did you learn about these communities?
 - c. How do these stories inform your understanding of the Indigenous people of the US Southwest?
 - d. How does *Eating the Landscape* inform your understanding of the US Southwest more broadly (the region that we call home)?

4. Throughout *Eating the Landscape* Enrique Salmón identifies the very real practices of resilience that Indigenous peoples have engaged with to maintain their cultural practices and communities.
 - a. What did you learn about resilience?
 - b. How does this text inform your understanding of Indigenous people in our region and the US more broadly?
 - c. How might we as individuals and as an institution work to honor, recognize, and be in community with the Indigenous people of our region?